



CPR & Vitals

DONE BY:

هشام المحاسنة

DESIGNED &
EDITED BY:

ملاك الزيدانين



1- What is the recommended depth of chest compressions during adult CPR?

- A. Exactly 1 inch
- B. Less than 2 inches
- C. About 1.5 inches
- D. At least 2 inches
- E. More than 3 inches

Answer: D. At least 2 inches

2- According to CPR guidelines, what is the recommended chest compression rate for adults?

- A. 60-80 compressions per minute
- B. 80-100 compressions per minute
- C. 100-120 compressions per minute
- D. 120-140 compressions per minute
- E. More than 140 compressions per minute

Answer: C. 100-120 compressions per minute

3- What is the correct adult CPR compression-to-breath ratio for a single rescuer?

- A. 15 compressions : 1 breath
- B. 30 compressions : 2 breaths
- C. 5 compressions : 1 breath
- D. 10 compressions : 2 breaths
- E. 20 compressions : 1 breath

Answer: B

4- Correct about vital sign?

- A. Increased 1°C in temperature → increases pulse pressure by 4 b/m
- B. Increased 1°C in temperature → increases pulse pressure 5-10 b/m
- C. Increased 1°C in temperature → increases 10-15 b/m
- D. Increased 1°C in temperature → increases pulse pressure 15-20 b/m
- E. Increased 1°C in temperature → increases pulse pressure 20-30 b/m

Answer: C. Increased 1°C in temperature → increases 10-15 b/m

5- Chest compression to breath ratio in advanced airway in place, intubation administered?

- A. After 2-3 sec (30 breaths per min)
- B. After 4 sec (15 breaths per min)
- C. After 6 sec (10 breaths per min)

Answer: C. After 6 sec (10 breaths per min)

6- Brain death?

- A. 4-6 min
- B. 6-8 min
- C. 8-10 min

Answer: B. 6-8 min

7- Pulse assessment in child **regardless** of puberty stage?

- A. Temporal artery
- B. Ulnar artery
- C. Brachial artery
- D. Femoral artery
- E. Carotid artery

Answer: C. Brachial artery PUPERTY AGE .. CAROTID

8- One of the following is true – radial pulse rate normally is:

- A. 60-100 /minute
- B. 150-250 /minute
- C. 40-80 /minute
- D. 40-60 /minute
- E. 100-120 /minute

Answer: A. 60-100 /minute

9- During CPR and vital sign assessment, what is the first action to take?

- A. Secure yourself
- B. Check pulse
- C. Call for help
- D. Start chest compressions
- E. Open airway

Answer: A. Secure yourself

..حين تختار مسارًا تُحبه»

أعطيه مزيدًا من الوقت، الجهد، المتابعة، والاهتمام، لتَظْهَرَ لك أثناء المَسِيرِ صورته، وتراه بشكلٍ أَوْضَح، حتى تُكْمَلَ به إن وَجَدتَ في الطَّرِيقِ نفسك، أو تَتْرُكُه إن تَاهَتَ عن الطَّرِيقِ خُطَاكَ!»