



QUIZ TIME

Bio- chemistry

Lec 19

1-Glucose is the main source of energy for body cells. Blood glucose levels must be maintained within a narrow limit as part of:

- a) Respiratory control**
- b) Enzymatic activation**
- c) Metabolic homeostasis**
- d) Hormonal degradation**

Ans:c

2-Diabetes mellitus is best defined as:

- a) A disorder of excessive insulin secretion leading to hypoglycemia**
- b) A metabolic disorder characterized by chronic hyperglycemia due to insulin deficiency or resistance**
- c) A genetic condition only affecting lipid metabolism**
- d) An acute condition caused by rapid protein breakdown**

Ans:B

3-Which of the following is NOT correctly matched with its cause in Diabetes Mellitus?

- a) Polyuria – osmotic diuresis due to glucose loss in urine**
- b) Polydipsia – excessive thirst due to dehydration and hyperglycemia**
- c) Polyphagia – increased hunger due to glucose underutilization**
- d) Polyuria – increased fat breakdown leading to ketone body formation**

Ans:d

4-In the Oral Glucose Tolerance Test (OGTT), the standard glucose load given to an adult patient is:

- a) 50 g of glucose dissolved in 100 ml water**
- b) 75 g of glucose dissolved in about 250 ml water**
- c) 100 g of glucose dissolved in 500 ml water**
- d) 1 g/kg body weight with no maximum limit**

Ans:b

5-Which of the following statements about types of Diabetes Mellitus is correct?

- a) Type 1 diabetes is usually adult onset and non–insulin dependent**
- b) Type 2 diabetes is juvenile onset and always insulin dependent**
- c) Type 1 diabetes is juvenile onset and insulin dependent**
- d) Type 2 diabetes is juvenile onset and insulin dependent**

Ans:c

6-Which of the following laboratory tests reflects the long-term average blood glucose level in diabetic patients?

- a) Fasting blood glucose**
- b) 2 hours post–prandial blood glucose**
- c) Oral glucose tolerance test (OGTT)**
- d) Glycated hemoglobin (HbA1C)**

Ans:d

7-Which of the following findings is characteristic of the Oral Glucose Tolerance Test (OGTT) in a diabetic patient?

- a) Fasting blood glucose < 100 mg/dl and rapid return to basal level within 2 hours**
- b) Blood glucose after ingestion never exceeds 140 mg/dl**
- c) Persistent hyperglycemia for more than 2 hours with possible glucosuria when blood glucose > 180 mg/dl**
- d) Blood glucose drops below fasting level after 1 hour of glucose ingestion**

Ans:c