

CVS-Community

Archive

lecture 4

smoking Cessation

Corrected By :

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1. All of the following are withdrawal symptoms of nicotine cessation EXCEPT:

- A) Increased appetite
- B) Insomnia
- C) Restlessness
- D) Decreased heart rate
- E) Hypertension

Answer: E

2. When most withdrawal symptoms peak after quitting smoking?

- A) 12-24 hours
- B) 24-48 hours
- C) 48-72 hours
- D) 72-96 hours
- E) 1-2 days

Answer: B

3. Nicotine gum in smoking cessation, how to use?

- A. the same like any gum
- B. faster than any gum
- C. chewed slowly not chewed like ordinary gum

Answer: C