

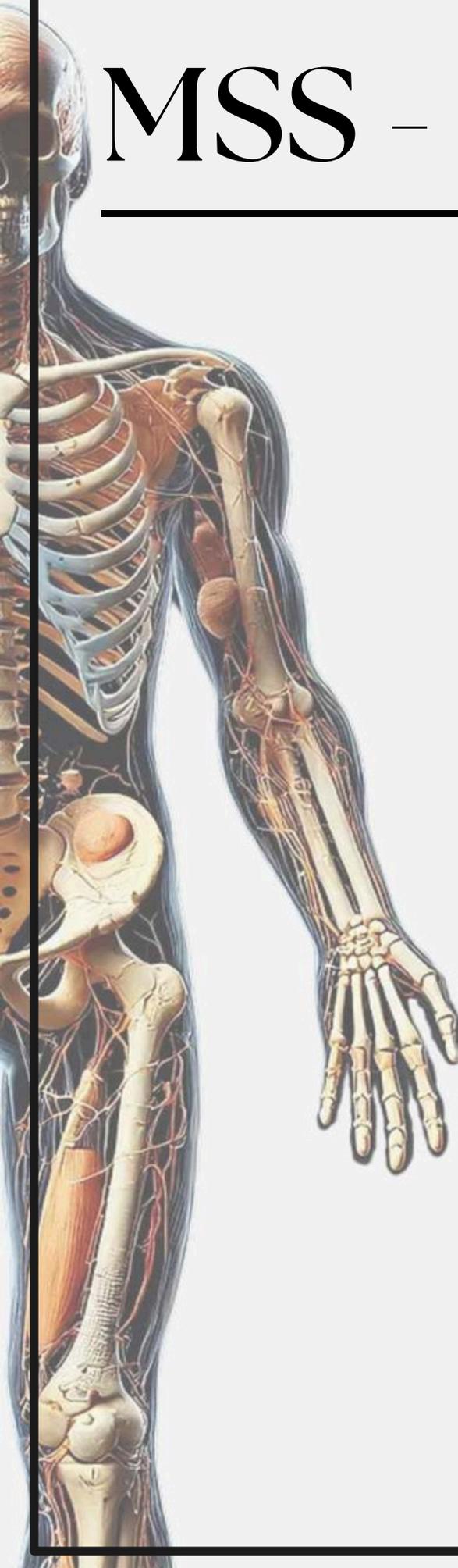
# MSS - physiology

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Archive

Lecture 2

PHYSIOLOGY OF MUSCLE 2



## physiology - lecture (2)

When athletes do warm up, which kind of muscle do they use :

- A- Isometric.
- B- Tetanus.
- C- Isotonic.
- D- Clonus.

The force of the muscle is almost depending on:

Answer: C

- A) length
- B) speed of contraction
- C) fiber type
- D) level of conditioning
- E) cross-bridges

Answer: C

When athletes do warm up, which kind of muscle do they use :

- A- Isometric.
- B- Tetanus.
- C- Isotonic.
- D- Clonus.

Answer: C

Which of the following is not related of (frequency, tension)

Answer: slowly frequencies stimulation doing complete tetanus